

## ISLANDS OF CREATIVITY

Equipment to use in our facility	Training Required?	Reservation Required?	Included with Membership?	Additional Fees
3D Printer	Х	Х	Х	
Recording Studio	X	X	X	
Piano/Instrument Rental (in house only)				
Grand piano		X	X	
Guitars (acoustic and electric)		X	X	
Drum set (acoustic and electric)		X	X	
Saxophone		X	X	
Flute		X	X	
Various Percussion (call for details)		Х	Х	
Costume Rentals		X		X
Vibe Board		Х	Х	
Workout Equipment (14+ and older only)	X	X	X	
VR Headsets			X	
Podcast Equipment Kit		X	X	
Ozobots	X		x	
Lego Mindstorms (invent a robot)	X		X	
Video Game Consoles				
Nintendo Switch		X	X	
PlayStation 5		X	X	
XBox X		X	X	
Professional Quality Cameras	X	X		X
Professional Quality Video Production Equipment	X	X		X
Freestyle Projectors		X	X	
Planetarium Projector			Х	
Microscope			X	
Light Tracing Board			X	

Our mission at SSM Health Treffert Studios is to help neurodivergent individuals find their passion and express their talents, giving them a voice and platform to share their strengths with the world.

#### Hours

Monday to Wednesday, noon – 5 pm

## Additional offerings: Islands of Creativity for Older Adults

See back for further information

To make a reservation email: treffertstudios@ssmhealth.com phone: 920-926-8100

#### Follow us on Facebook and Instagram

Interested in classes/workshops?

Visit: www.ssmhealth.com/treffert-center/resources/treffert-studios

## Other fun activities that are available during Islands of Creativity

#### Lego Build Kits and Free Build

Use some of our idea books to create your own or grab a box off the shelf, follow the directions, and build from a kit!

#### **Board and Card Games**

UNO, Dominoes, Apples to Apples, Blokus, Risk, Chess, Checkers, Trivial Pursuit, plus many more!

#### **Weekly Art Projects**

Monthly themes include: holidays, neurodiversity, and recycling with different weekly projects within each theme.

#### **Lincoln Logs**

Use lightweight logs to build forts, houses, and towns. Excellent way to use your creativity and practice fine motor skills!

#### **Cause and Effect Dominos**

Build a domino sequence and set off a chain reaction that demonstrates STEM principles including cause and effect.

#### **Puzzles**

#### **Sensory Room**

A safe, quiet space to meet sensory needs through fidgets, lights, soft water sounds, and various toys and activities.



**Baking Buddies** 

are included.

## ISLANDS OF CREATIVITY



## Islands of Creativity for Older Adults Only (See reverse side for more activities)

Share a favorite recipe or learn a new one. Supplies

Thursdays, 8 am - 4 pm Fridays, 8 - 9 am

3 - 4 pm

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Activity	Time	
Light Weights and Lattes/Open Time  This offering combines flexibility and strength training and equipment for older adults with access to our facility, morning coffee, and opportunities for socialization.	8 - 9:30 am	
Card Game Club  Bring your own or choose from our selection	9:30 - 11:30 am	
Garden Club (starting in April)  Get your hands dirty in raised garden beds learning basic gardening skills, educational and gardening tips on each plant and how to care for them in a Wisconsin environment	9:30 - 11:30 am	
Social Lunch Hour – bring your own	11:30 - 12:30 pm	
Tech Hour  Get an introduction to various forms of technology, including smartphones, Microsoft products, and overall computer usage.	12:30 - 1:30 pm	
Interest Hour  This offering combines flexibility and strength training and equipment for older adults with access to our facility, morning coffee, and opportunities for socialization.	1:30 - 3 pm	

# Interested in becoming a member at SSM Health Treffert Studios?

#### Member benefits

- Access to our facility and resources during the Islands of Creativity time
- Discounts on groups and programs
- Access to events and activities designed just for members
- Discounted access to our community events

### Membership Special!

One year membership for \$300 when paid in full.
That's two months free!

#### **Spring 2024 Fee Structure**

January 8 – May 24, 2024

#### For Members

Membership Fee	\$30 permonth	
Additional Family members	\$10 permonth	
Additional Classes (Visit treffertstudios.com for a full listing of classes offered along with their fees)	\$5 per month	
Costume rentals	20% off per costume	
Cameras and Video Equipment	Assessed on a peritem basis	
Access to Community Events	\$3 per event per family	
Islands of Creativity for Older Adults	Included!	
One-on-One Support While at Studios	\$20 perhour	

For Non-Members		
Islands of Creativity Day Pass	\$5 per day	
Additional Classes	\$15 perclass	
Costume Rentals	Price per costume	
Cameras and Video Equipment	Not available to non-members	
Recording Studio	\$15 perhour	
3D Printer	\$15 perhour	
Instrumental Rental	\$15 perhour	
Community Events and Activities	\$10 per event per family	
One-to-One Support While at Studios	\$20 perhour	

Learn more about all the classes and offerings by visiting treffertstudios.com

Don't forget to follow us on Facebook and Instagram