

North Fond du Lac School District Presents:



WHAT:

A 56-minute documentary that delves into all aspects of our society's most common mental health challenge to include candid interviews with teens, who discuss their anxiety, its impacts on their lives and relationships, as well as how they've found solutions and hope. Expert perspectives who talk about the causes of anxiety and its sociological effects and resources to help, tips, tricks and strategies to help reset thinking patterns, push back against anxiety and support others, and awareness that anyone can be touched by - and overcome - anxiety.

WHEN:

October 17, 2022 at 4:30pm & 6:00PM AND October 19, 2022 at 4:00pm & 5:30pm

WHERE:

Horace Mann High School PAC: 325 McKinley Street North Fond du Lac, WI

Light meal and childcare will be provided