



# Fond du Lac County Health Department

City/County Government Center

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**Public Health**  
Prevent. Promote. Protect.

**Fond du Lac County  
Health Department**

## EMPLOYEE HEALTH AGREEMENT FOR COVID-19 PANDEMIC

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus.

### Employees should self-monitor daily for these COVID-19 symptoms:

1. Cough
2. Shortness of breath or difficulty breathing
3. Fever >100F
4. Chills
5. Muscle pain
6. Sore throat
7. New loss of taste or smell

This list is not all inclusive. Other less common symptoms have been reported, including gastrointestinal symptoms like nausea, vomiting, or diarrhea.

### Employees must report if they are diagnosed with COVID-19:

- by a positive lab test, or
- diagnosis from a health care provider (without lab testing)

### Employees must also report COVID-19 Exposures:

- Living with a person that has been diagnosed with COVID-19, or
- Having close contact with a person that has been diagnosed with COVID-19

#### **I understand the Employee Health Reporting Agreement for COVID-19 and agree to:**

1. Self-monitor prior to reporting to work each day.
2. Report symptoms, positive diagnosis or exposure to COVID-19.
3. Stay home if I have symptoms listed above, even if those symptoms are minor, and seek guidance from my healthcare provide about whether I should be tested.

#### **I understand and agree to follow all best practices adopted by my business to prevent the spread of COVID-19 including but not limited to:**

1. Communicate virtually when possible; limit in-person meetings and gatherings.
2. Practice frequent hand washing.
3. Wear PPE (face coverings, masks, gloves, eye protection, etc.) required by my employer.
4. Maintain social distancing with other employee, customers, and clients.
5. Follow heightened cleaning and sanitizing of workspace and equipment.

#### **I understand that if I test positive or am deemed a close contact of a positive case I agree to:**

1. Work with the local Health Department to determine who else might need to be notified that they have been exposed to coronavirus (COVID-19).
2. Remain at home until the Health Department determines that it is safe for me to return to my usual activities.
3. Follow the exclusions and/or restrictions that may be required of me by the Health Department.

**Employee Name (please print)** \_\_\_\_\_

**Employee Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Person in Charge Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

# WORK RULES FOR ILL EMPLOYEES

The Person-in-Charge must help prevent the spread of COVID-19 by teaching new hires and all employees the importance of not working when sick

## Exclusions and Restrictions for COVID-19

	What should the employee do?	When can the employee return to work?
If you have been <b>diagnosed</b> and are <b>symptomatic</b>	<ul style="list-style-type: none"> <li>If you have symptoms of COVID-19, call your healthcare provider for advice and to discuss testing.</li> <li><b>Stay home and isolate; do not go to work. Avoid public places.</b></li> <li>Cover coughs and sneezes. Practice good hygiene. Do not share personal household items. Clean your hands often. Clean all "high-touch" surfaces like doorknobs often.</li> <li>Monitor your symptoms and call your health care provider if symptoms worsen.</li> </ul>	<p><b>The Health Department will determine when you can return to work.</b> A <i>Release to Work</i> letter will be provided.</p> <p>To return to work and be released by the Health Department you have to be:</p> <ul style="list-style-type: none"> <li>72 hours without a fever (without fever-reducing medicine),</li> <li>your symptoms improve,</li> <li><b>AND</b> it has been 10 days since the first day you had symptoms.</li> </ul> <p>Employers should screen employees before allowing return to work.</p>
If you have a positive COVID-19 viral test and are <b>asymptomatic</b>	<p><b>Stay home; do not go to work. Avoid public places for 14 days.</b></p> <p>Monitor your health for fever, cough, and shortness of breath for 10 days.</p> <p>Same as diagnosed and symptomatic guidelines.</p>	<p><b>The Health Department will determine when you can return to work.</b> A <i>Release to Work</i> letter will be provided.</p> <p>Asymptomatic individuals that are lab-confirmed should remain in isolation until:</p> <ul style="list-style-type: none"> <li>At least 10 days* have passed since the collection date of their first positive COVID-19 diagnostic test, assuming they have not subsequently developed symptoms.</li> </ul> <p>NOTE: patients who develop COVID-19 symptoms during this period will extend isolation precautions for at least 10 days from the date of symptom onset (see above).</p>
If you have been <b>exposed</b> to a person with COVID-19 but are not sick	<p><b>Stay home; do not go to work. Avoid public places for 14 days.</b></p> <p>Monitor your health for fever, cough, and shortness of breath for 14 days after your last contact with the sick person.</p>	<p><b>The Health Department will determine when you can return to work.</b> A <i>Release to Work</i> letter will be provided.</p> <p>NOTE: patients who develop COVID-19 symptoms or test positive during this period should extend isolation precautions for at least 10 days from the date of symptom onset (see above).</p>

**Employees with no known exposure to COVID-19, are not exhibiting symptoms of COVID-19, and have not tested positive for COVID-19 may work unrestricted as long as all business best practices are followed.**

